

ADAVB GOULBURN VALLEY GROUP PROUDLY PRESENTS...

# Annual Lorne Conference

Special Care of Patients and Self - 4 CPD Hours

PLATINUM SPONSOR



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 HENRY SCHEIN® | HALAS



FEBRUARY 18-20, 2022

MANTRA LORNE

Mountjoy parade, Lorne, VIC 3232

We invite all industry professionals and their  
families to come together.

# TOPICS.

## SPECIAL CARE OF PATIENTS AND SELF

DR. SHARONNE ZAKS

A Trauma Informed Approach for Survivors of  
Sexual Assault, Anxious and Phobic Patients:  
Practical Strategies

DEB HUME

Smoking Cessation for Patients  
Workshop

DR. ANGELA ZHANG

Incorporating Yoga and Mindfulness  
into your work day



Now accepting registrations.  
For more details email [adavb.gv@gmail.com](mailto:adavb.gv@gmail.com).

# BIOGRAPHIES.

## SPECIAL CARE OF PATIENTS AND SELF



DR. SHARONNE ZAKS

Dr Sharonne Zaks has over 20 years of experience in private practice in Melbourne and regional Victoria, and currently practices in East St. Kilda. She has a special interest in treating anxious and phobic patients and survivors of sexual assault and trauma, who travel from all over Australia to see her. Other interests include periodontics and oral surgery. Sharonne's compassionate approach benefits patients, clinicians, and staff, and is being taught locally and internationally.

Her work incorporates the trauma informed principles, her clinical experience, and research into dental anxiety, phobia, and trauma, including collaboration with the Centres Against Sexual Assault (CASA). Sharonne is passionate about improving the experience of health care for all. She presented to over 5000 people at TEDx in Sydney, at the Australian Dental Congress and many other conferences around Australia. Dr Zaks's groundbreaking work has attracted global media interest with interviews by the ABC (including 'Conversations' and radio national), SBS, BBC, Channel 10, The Age, Sydney Morning Herald, and many others in print, on the radio, podcasts and online. Her work has also been featured in a book distributed globally, with another soon to be published. Dr Zaks's contribution to the profession has been recognised with the award of fellowships of both the Pierre Fauchard Academy (FPFA) and the International College of Dentists (FICD) in 2019.



DEB BROWN (RDH)

Deb is a Dental Hygienist with a Grad Dip in Restorative Dental Hygiene. She has worked in a variety of health care settings over the past 30 years in both hospital and private practices providing care in general dentistry, periodontics, orthodontics, TMJ and facial pain. Deb holds a Cert IV TAE and Grad Cert in Clinical Teaching. She was a clinical supervisor, lecturer and examiner at RMIT in Melbourne, Australia and is currently a clinical supervisor in the BOH program at The University of Melbourne, Australia as well as working in private practice.

Deb provides training to Oral Health Professionals on Smoking and Vaping Cessation and has held both Executive and Non-Executive committee positions with the Dental Hygienist's Association of Australia.

She has travelled throughout Australia and New Zealand as an Educational Consultant to deliver programs for Hu-Friedy and EMS Swiss Dental Academy at both Continuing Professional Development events and Universities, teaching Advanced Instrumentation, Instrument Sharpening, Risk Assessment, Periodontal Diagnostics, Ergonomics and Guided Biofilm Therapy to both Hygiene/Oral Health & Dental students and professionals.

# BIOGRAPHIES cont.

## SPECIAL CARE OF PATIENTS AND SELF



DR. ANGELA ZHANG

Angela started her dentistry career in Shepparton after graduating from the University of Melbourne. Her love for yoga started when she was just 15 years old. She has completed her 200-hour yoga teacher training course and still regularly hops around different studios throughout Melbourne. Yoga is something Angela tries to integrate into everyday life and she is passionate about sharing the practise with her fellow colleagues - particularly sharing with others how to utilise yoga to decrease stress on the mind and body throughout the day.

# Registration Form

FEBRUARY 18-20, 2022

Delegate Name	Delegate Early Bird*	Delegate Full Rate**	Accompanying persons over 13 years	Children aged 3-12 years	Children aged under 3 years
	\$375	\$430	\$200	\$100	No Fee

\*Before December 31, 2021

\*\*After December 31, 2021

Total Fee: \$\_\_\_\_\_

ADDRESS	
EMAIL	
CONTACT PHONE	
DIETARY REQUIREMENTS	

**PLEASE RETURN YOUR REGISTRATION FORM BY  
FRIDAY 14TH JANUARY, 2022**

Payment via Direct Transfer to "ADAVB Goulburn Valley Group"

BSB: 083-894                      ACCOUNT NUMBER: 370819873

Please include your SURNAME and "Lorne" as reference (e.g. Smith Lorne)

Please email Registration Form along with remittance advice to ADAVB GV Group at [adavb.gv@gmail.com](mailto:adavb.gv@gmail.com)

Receipts and CPD Certificates issued via email after the conference

\*\*Please note rooms at the Mantra are LIMITED\*\*

# Event Accommodation at the Mantra

Room rates are inclusive of breakfast in our on-site restaurant, the Larder.

Room Type	Bedding Configuration
<b>Heritage Room</b> Single: \$235 / Twin: \$260 Rates include breakfast for 1 if single or 2 if double or twin share.	1x King size bed or 2x single beds
<b>Resort Room</b> Single: \$240 / Twin: \$265 Rates include breakfast for 1 if single or 2 if double or twin share.	1x King size bed or 2x single beds
<b>1 Bedroom Apartment</b> Single: \$ 280 / \$305 Rates include breakfast for 1 if single or 2 if double or twin share.	1x Queen size bed (a sofa bed is available – an additional \$60.00 per night applies)